

SEVERE CHOKING
VICTIMS CAN'T
BREATHE!

CHOKING?

ASK:
"ARE YOU
CHOKING?"

MAKE A **FIST**,
THRUST **UP** AND
UNDER VICTIM'S
RIBS. REPEAT
HARD AND FAST
TIL FOOD IS **OUT**.



CPR IF NEEDED

IF VICTIM COLLAPSES, CALL 911.
PUSH HARD AND FAST TIL **EMS**
TAKES OVER.